



Resultat Jättelångt 2024

Herrar 70km

Plac	Startnr	Namn	Klubb	Skottviken	Älmsta	Erikskulle	Roslagsbro	Mål	Diff
1	72	Alexander Stjernholm	The Frogmen	2, 53:08 (53:08)	1, 2:21:50 (1:28:43)	2, 4:19:38 (1:57:49)	2, 5:17:55 (58:17)	06:50:39 (1:32:44)	0
2	49	Lukas Vauhkola	Västerås löparklubb	3, 55:40 (55:40)	4, 2:24:41 (1:29:02)	4, 4:25:49 (2:01:08)	3, 5:24:16 (58:27)	06:54:20 (1:30:05)	+3:41
3	67	Thomas Warenaus	Stockholm Långdistans klubb	7, 57:48 (57:48)	5, 2:28:41 (1:30:54)	5, 4:31:21 (2:02:41)	4, 5:27:56 (56:35)	07:01:08 (1:33:12)	+10:29
4	74	Carl Wettebrandt		10, 59:39 (59:39)	9, 2:33:08 (1:33:29)	7, 4:38:53 (2:05:46)	6, 5:36:57 (58:05)	07:04:32 (1:27:35)	+13:53
5	65	Magnus Seger	IF Linnea	6, 56:58 (56:58)	8, 2:32:52 (1:35:54)	8, 4:39:15 (2:06:24)	5, 5:36:52 (57:38)	07:16:47 (1:39:55)	+26:08
6	48	Johan Sand	Löpargruppen PMI Karolinska	4, 55:52 (55:52)	3, 2:24:32 (1:28:41)	1, 4:19:12 (1:54:40)	1, 5:17:53 (58:41)	07:20:03 (2:02:11)	+29:24
7	73	Magnus Litsen	XCStlm	18, 1:01:03 (1:01:03)	13, 2:38:38 (1:37:35)	9, 4:43:59 (2:05:22)	8, 5:43:45 (59:47)	07:25:30 (1:41:45)	+34:51
8	42	Theodor Ingman	PPRC	5, 56:50 (56:50)	6, 2:28:43 (1:31:54)	6, 4:38:10 (2:09:27)	7, 5:38:58 (1:00:48)	07:25:49 (1:46:51)	+35:10
9	57	Jacob Rehn	Östhammars Friidrott	20, 1:02:11 (1:02:11)	20, 2:41:14 (1:39:03)	14, 4:54:20 (2:13:07)	13, 5:58:12 (1:03:53)	07:32:36 (1:34:24)	+41:57
10	62	Johan Uddman		16, 1:00:58 (1:00:58)	12, 2:38:35 (1:37:38)	10, 4:52:36 (2:14:01)	9, 5:56:51 (1:04:15)	07:37:00 (1:40:10)	+46:21

ICA VÄDDÖ



11	28	Johan Ljung		22, 1:02:17 (1:02:17)	21, 2:41:18 (1:39:01)	13, 4:54:18 (2:13:00)	11, 5:57:50 (1:03:33)	07:37:37 (1:39:47)	+46:58
12	69	William Landgren		24, 1:02:23 (1:02:23)	22, 2:41:25 (1:39:02)	15, 4:54:24 (2:13:00)	12, 5:57:56 (1:03:33)	07:42:43 (1:44:47)	+52:04
13	36	Jakob Forsell	Ncc if Stockholm	9, 58:35 (58:35)	11, 2:36:13 (1:37:38)	11, 4:52:39 (2:16:27)	10, 5:56:54 (1:04:15)	07:43:44 (1:46:50)	+53:05
14	76	Gerhard Hafström		11, 59:41 (59:41)	7, 2:32:44 (1:33:04)	12, 4:52:52 (2:20:08)	14, 6:00:22 (1:07:31)	07:51:07 (1:50:45)	+1:00:28
15	66	Guido Flott	Millas hurtbullar	21, 1:02:14 (1:02:14)	19, 2:41:12 (1:38:58)	17, 5:01:48 (2:20:36)	16, 6:07:23 (1:05:36)	07:52:51 (1:45:28)	+1:02:12
16	27	Thomas Leidenhag		28, 1:04:35 (1:04:35)	32, 2:51:09 (1:46:34)	21, 5:13:52 (2:22:44)	20, 6:24:43 (1:10:51)	07:54:23 (1:29:41)	+1:03:44
17	70	Andreas Rönnebjerg	Umara Sports Club	12, 59:44 (59:44)	16, 2:40:01 (1:40:18)	16, 4:55:05 (2:15:04)	17, 6:08:27 (1:13:23)	07:59:46 (1:51:19)	+1:09:07
18	30	Robert Lindberg		34, 1:08:20 (1:08:20)	33, 2:58:03 (1:49:44)	26, 5:21:33 (2:23:30)	22, 6:31:09 (1:09:36)	08:14:25 (1:43:17)	+1:23:46
19	64	Oscar Cortes	OC Projekt	13, 59:53 (59:53)	10, 2:35:26 (1:35:34)	18, 5:06:54 (2:31:29)	18, 6:22:31 (1:15:37)	08:20:16 (1:57:45)	+1:29:37
20	32	Tobias Demker	Skogsduvan s racers	23, 1:02:19 (1:02:19)	18, 2:40:58 (1:38:40)	20, 5:09:02 (2:28:05)	21, 6:28:00 (1:18:58)	08:24:38 (1:56:38)	+1:33:59
21	56	Daniel Ramse	Run Collective	15, 1:00:39 (1:00:39)	14, 2:38:41 (1:38:02)	19, 5:07:39 (2:28:58)	19, 6:23:00 (1:15:22)	08:35:17 (2:12:18)	+1:44:38
22	21	Erik Lindahl	Ingarö IF	27, 1:03:21 (1:03:21)	25, 2:49:07 (1:45:46)	25, 5:17:53 (2:28:47)	26, 6:37:21 (1:19:28)	08:38:44 (2:01:23)	+1:48:05
23	22	Magnus Sjöstedt	Stora Essingen 70.3	25, 1:03:11 (1:03:11)	26, 2:49:08 (1:45:58)	24, 5:17:47 (2:28:40)	25, 6:37:19 (1:19:32)	08:38:45 (2:01:26)	+1:48:06
24	24	Mattias Sjö Dahl	Team Sarek	26, 1:03:12 (1:03:12)	27, 2:49:09 (1:45:58)	23, 5:17:47 (2:28:38)	24, 6:37:16 (1:19:30)	08:38:46 (2:01:31)	+1:48:07
25	25	Markus Finell		31, 1:04:51 (1:04:51)	31, 2:50:19 (1:45:28)	29, 5:25:28 (2:35:10)	27, 6:39:23 (1:13:56)	08:45:16 (2:05:53)	+1:54:37

26	68	James Pratt	Ångby runners	1, 49:17 (49:17)	2, 2:21:54 (1:32:38)	3, 4:21:03 (1:59:10)	15, 6:02:54 (1:41:52)	08:47:27 (2:44:33)	+1:56:48
27	75	Thomas Illiminsky		40, 1:11:29 (1:11:29)	35, 3:00:11 (1:48:43)	33, 5:43:19 (2:43:08)	33, 7:01:24 (1:18:06)	08:59:02 (1:57:38)	+2:08:23
28	71	Mladen Nikitovic	Tungur Knivur LK	19, 1:01:05 (1:01:05)	17, 2:40:08 (1:39:03)	22, 5:14:26 (2:34:19)	28, 6:41:11 (1:26:45)	09:00:27 (2:19:17)	+2:09:48
29	54	Julius Althoff		29, 1:04:43 (1:04:43)	29, 2:50:14 (1:45:32)	30, 5:31:11 (2:40:58)	30, 6:58:13 (1:27:02)	09:01:48 (2:03:35)	+2:11:09
29	55	Isak Lyckéus		30, 1:04:47 (1:04:47)	28, 2:50:11 (1:45:24)	32, 5:31:24 (2:41:14)	32, 6:58:21 (1:26:58)	09:01:48 (2:03:27)	+2:11:09
29	60	Hampus Widebo	lfk umeå	32, 1:04:57 (1:04:57)	30, 2:50:17 (1:45:21)	31, 5:31:13 (2:40:56)	31, 6:58:17 (1:27:04)	09:01:48 (2:03:32)	+2:11:09
32	33	Bo Andersson	lf Thor	8, 58:32 (58:32)	15, 2:39:39 (1:41:07)	28, 5:22:09 (2:42:31)	29, 6:48:16 (1:26:07)	09:11:56 (2:23:41)	+2:21:17
33	59	Emil Jansson	GRÄDDÖ	39, 1:11:25 (1:11:25)	36, 3:00:13 (1:48:48)	37, 5:50:58 (2:50:46)	35, 7:14:37 (1:23:39)	09:23:13 (2:08:37)	+2:32:34
34	61	Jimmy Larsson	LK GRÄNSLÖST	33, 1:05:06 (1:05:06)	37, 3:00:41 (1:55:36)	36, 5:50:32 (2:49:52)	36, 7:14:41 (1:24:09)	09:23:14 (2:08:34)	+2:32:35
35	58	Vidar Aronsson	IOGT Atlet	45, 1:13:27 (1:13:27)	46, 3:23:02 (2:09:36)	38, 6:05:55 (2:42:53)	40, 7:31:01 (1:25:06)	09:23:30 (1:52:30)	+2:32:51
36	45	Fredrik Setterberg	Farsta	14, 1:00:35 (1:00:35)	24, 2:44:46 (1:44:11)	34, 5:43:42 (2:58:56)	34, 7:11:41 (1:28:00)	09:23:57 (2:12:16)	+2:33:18
37	43	Marc Forslund		47, 1:13:31 (1:13:31)	38, 3:11:50 (1:58:20)	40, 6:06:49 (2:54:59)	39, 7:30:47 (1:23:59)	09:31:25 (2:00:38)	+2:40:46
38	47	Uf Moberg	Team Nordic Trail Norrtälje	44, 1:12:55 (1:12:55)	48, 3:27:19 (2:14:25)	45, 6:23:29 (2:56:10)	44, 7:42:19 (1:18:51)	09:40:40 (1:58:22)	+2:50:01
39	35	Sebastian Wiman	Solbacka LK	38, 1:10:24 (1:10:24)	39, 3:14:09 (2:03:46)	41, 6:07:00 (2:52:51)	38, 7:26:58 (1:19:58)	09:43:45 (2:16:48)	+2:53:06
39	34	Ludwig Lundquist		37, 1:10:23 (1:10:23)	40, 3:14:12 (2:03:49)	42, 6:07:01 (2:52:50)	37, 7:26:56 (1:19:56)	09:43:45 (2:16:49)	+2:53:06

41	52	Michael Sandkvist	Umac Ultra Crew	43, 1:12:40 (1:12:40)	42, 3:15:05 (2:02:26)	44, 6:11:09 (2:56:04)	42, 7:40:07 (1:28:59)	10:05:29 (2:25:22)	+3:14:50
42	51	Markus Spångberg	UMac Ultra Crew	42, 1:12:39 (1:12:39)	41, 3:15:04 (2:02:26)	43, 6:11:08 (2:56:04)	43, 7:40:09 (1:29:02)	10:05:32 (2:25:23)	+3:14:53
43	40	Aron Lavesson	IOGT atlet	46, 1:13:29 (1:13:29)	47, 3:23:03 (2:09:35)	39, 6:06:03 (2:43:00)	41, 7:31:04 (1:25:02)	10:19:58 (2:48:54)	+3:29:19
44	63	Åke Myr	Team Brunndviken	41, 1:11:55 (1:11:55)	43, 3:19:54 (2:07:59)	46, 6:23:36 (3:03:43)	45, 7:55:03 (1:31:27)	10:21:18 (2:26:16)	+3:30:39
45	53	Fredrik Wachsner	Vallentuna	36, 1:10:15 (1:10:15)	45, 3:22:56 (2:12:42)	47, 6:38:40 (3:15:44)	46, 8:09:41 (1:31:02)	10:21:27 (2:11:46)	+3:30:48
	131	BRUTIT Tony Brejke		35, 1:08:21 (1:08:21)	34, 2:58:06 (1:49:46)	27, 5:21:34 (2:23:28)	23, 6:31:33 (1:10:00)	Brutit	
	137	BRUTIT Viktor Christiansen		17, 1:01:00 (1:01:00)	23, 2:44:12 (1:43:13)	35, 5:44:11 (2:59:59)	-	Brutit	
	144	Brutit Benny Halvarsson		48, 1:13:48 (1:13:48)	44, 3:19:59 (2:06:12)	-	-	Brutit	
	146	BRUTIT Johan Markusson		49, 1:23:14 (1:23:14)	-	-	-	Brutit	
	123	EJ START Magnus Nilsson	Vegan Runners IK	-	-	-	-	Ej start	
	126	EJ START Mårten Dario	Nyköpings OK	-	-	-	-	Ej start	
	129	EJ START Fredrik Stenfors	Solvikingarna	-	-	-	-	Ej start	
	138	EJ START Stefan Görling	Lidingö	-	-	-	-	Ej start	
	139	EJ START Tobias Kristiansson	Östhammar	-	-	-	-	Ej start	

141	EJ START Magnus Mortensen	UPPSALA	-	-	-	-	-	Ej start
150	EJ START Tomas Lindell	Tullinge IF	-	-	-	-	-	Ej start

Damer 70km

Plac	Startnr	Namn	Klubb	Skottviken	Älmsta	Eriksskulle	Roslagsbro	Mål	Diff
1	88	Jenny Ramstedt	Sauerland Ski Team	2, 54:35 (54:35)	1, 2:21:59 (1:27:24)	1, 4:21:55 (1:59:57)	1, 5:19:28 (57:33)	06:51:40 (1:32:12)	0
2	89	Anna Westlund	Enebybergs IF	3, 56:22 (56:22)	3, 2:32:43 (1:36:21)	3, 4:38:57 (2:06:15)	2, 5:36:47 (57:50)	07:08:34 (1:31:48)	+16:54
3	87	Katrin Söderberg	Runacadem y IF	1, 54:13 (54:13)	2, 2:24:52 (1:30:40)	2, 4:35:22 (2:10:30)	3, 5:36:50 (1:01:29)	07:13:59 (1:37:10)	+22:19
4	90	Jenny Lindroth	Stockholm Gerillalöpare	4, 58:25 (58:25)	4, 2:35:29 (1:37:04)	4, 4:54:43 (2:19:15)	4, 6:00:23 (1:05:40)	07:48:34 (1:48:11)	+56:54
5	82	Belinda Pannagel	Umara sport	6, 1:08:07 (1:08:07)	6, 2:59:00 (1:50:54)	6, 5:21:29 (2:22:29)	5, 6:29:58 (1:08:30)	08:17:33 (1:47:35)	+1:25:53
6	38	Sofia Strömstedt		5, 1:04:23 (1:04:23)	5, 2:43:49 (1:39:27)	5, 5:14:00 (2:30:12)	6, 6:35:29 (1:21:29)	08:42:06 (2:06:38)	+1:50:26
7	84	Linda Lagebro		8, 1:12:47 (1:12:47)	7, 3:14:37 (2:01:50)	7, 5:50:54 (2:36:18)	7, 7:04:27 (1:13:34)	09:01:02 (1:56:35)	+2:09:22
8	85	Johanna Näyhä	Team Nordic Trail Norrtälje	9, 1:12:53 (1:12:53)	9, 3:27:27 (2:14:34)	8, 6:23:31 (2:56:05)	8, 7:42:24 (1:18:53)	09:40:41 (1:58:18)	+2:49:01
9	86	Inga-Sarah Lindholm	Ävasta IF	7, 1:10:20 (1:10:20)	8, 3:22:53 (2:12:34)	9, 6:39:13 (3:16:20)	9, 8:09:35 (1:30:22)	10:23:07 (2:13:33)	+3:31:27
181	Brutit Ulrika Blomqvist	Runacadem y IF	10, 1:15:38 (1:15:38)	10, 3:53:39 (2:38:01)	-	-	-	Brutit	
183	EJ START Cecilia Pettersson	Stockholm HHH	-	-	-	-	-	Ej start	

Stafett Herr 70km

Plac	Startnr	Lag	Sträcka 1	Sträcka 2	Sträcka 3	Sträcka 4	Sträcka 5	Skottviken	Älmsta	Erikskulle	Roslagsbro	Mål	Diff
1	18	VFK Runners herr	Henrik Ljunggren	Fredrik Liw	Bert Pohlak	Mats Vidinger	Joni Perälä	1, 39:29 (39:29)	1, 1:41:22 (1:01:53)	1, 3:02:40 (1:21:19)	1, 3:40:07 (37:27)	04:37:57 (57:51)	0
2	2	Estuna IF Runners lag 2 herr	Kristofer Ek	Fredrik Robertsson	Ronny Larsson	Marcus Öhman	Magnus Berg	2, 49:28 (49:28)	2, 2:06:45 (1:17:17)	2, 3:36:11 (1:29:27)	2, 4:27:43 (51:33)	05:33:42 (1:06:00)	+55:45
3	11	Joggar när vi orkar	Johan Andersson	Markus Hölzer	Adam Pettersson	Jonathan Bohman	Ronny Gustavsson	4, 58:37 (58:37)	4, 2:28:34 (1:29:57)	3, 4:09:35 (1:41:02)	3, 5:05:16 (55:42)	06:17:37 (1:12:21)	+1:39:40
	107	BRUTIT Barrundan	Kristian Oldenburg	Mattias Abrahamsson	Henrik Viklund	undefined	undefined	3, 56:12 (56:12)	3, 2:28:23 (1:32:12)	4, 4:26:21 (1:57:59)	-	Brutit	

Stafett Dam 70km

Plac	Startnr	Lag	Sträcka 1	Sträcka 2	Sträcka 3	Sträcka 4	Sträcka 5	Skottviken	Älmsta	Erikskulle	Roslagsbro	Mål	Diff
1	17	VFK Runners dam	Helena Hellgren	Matilda Lindberg	Ida Forsgren	Elina Hellgren	Åsa Orrö	2, 51:29 (51:29)	1, 2:12:11 (1:20:42)	1, 3:57:50 (1:45:40)	1, 4:48:23 (50:34)	06:09:51 (1:21:28)	0
2	1	Estuna IF Runners lag 1	Helena Mägi	Emma Björklund	Maria Harning	Jannika Bornsäter	Josefin Björklund	3, 51:59 (51:59)	2, 2:30:29 (1:38:30)	2, 4:16:47 (1:46:19)	2, 5:04:08 (47:21)	06:21:44 (1:17:37)	+11:53
3	9	Damer med puls	Karin Mossberg	Ingrid Lindgren	Therese Wolf	Ing-Marie Olsson	Merja Palo Svensson	3, 1:30:59 (1:30:59)	3, 4:20:52 (2:49:53)	3, 6:23:48 (2:02:57)	3, 7:30:50 (1:07:02)	09:23:54 (1:53:04)	+3:14:03

Stafett Ungdom 70km

Plac	Startnr	Lag	Sträcka 1	Sträcka 2	Sträcka 3	Sträcka 4	Sträcka 5	Skottviken	Älmsta	Erikskulle	Roslagsbro	Mål	Diff
1	20	Häverödals SK	Lovisa Einarsson	Erik Jansson	Elias Jeleby	Hugo Thorgren	Ville Söderman	1, 54:53 (54:53)	1, 2:34:25 (1:39:32)	1, 4:15:48 (1:41:24)	1, 5:03:37 (47:50)	06:22:37 (1:19:00)	0

Stafett Mix 70km

Plac	Startnr	Lag	Sträcka 1	Sträcka 2	Sträcka 3	Sträcka 4	Sträcka 5	Skottviken	Älmsta	Erikskulle	Roslagsbro	Mål	Diff
1	15	Två långa, två korta	Cecilia Stavander	Olivia Åkerhielm	Marcus Stavander	Cecilia Stavander	Ludvig Åkerhielm	2, 46:10 (46:10)	3, 2:22:44 (1:36:35)	2, 3:50:06 (1:27:23)	2, 4:32:28 (42:22)	05:34:13 (1:01:46)	0
2	19	VFK Runners mix	Christopher Falk Kesti	Mikael Nyman	Jonathan Fischer	Kristin Norlander	Robert Pettersson	1, 42:23 (42:23)	1, 2:10:32 (1:28:09)	1, 3:42:14 (1:31:43)	1, 4:27:31 (45:18)	05:34:34 (1:07:04)	21
3	5	S(L)EKTEN	Niklas Holhammar	Kristofer Westergren	Jonas Svensson	Linda Palombo	Gustaf Wemhöner	9, 58:10 (58:10)	2, 2:18:16 (1:20:06)	4, 4:08:01 (1:49:45)	3, 4:55:29 (47:29)	06:06:59 (1:11:31)	+32:46
4	6	2 myror och 3 elefanter	Emelie Backlund Liegnell	Josef Aguz	Charlie Liegnell	Julia Martinez Palm	Joakim Bergstrand	5, 54:06 (54:06)	5, 2:23:33 (1:29:28)	5, 4:08:16 (1:44:44)	4, 5:02:13 (53:57)	06:13:24 (1:11:11)	+39:11
5	12	Jättesnabba	Wilma Olsson	Frida Lidén	Erik Adolfsson	Zeke Danielson	Daniel Smedsrud	6, 55:15 (55:15)	7, 2:28:35 (1:33:21)	8, 4:22:21 (1:53:47)	8, 5:21:10 (58:49)	06:30:07 (1:08:58)	+55:54
6	3	Gränsländarna	David Rodriguez Bergström	Amanda Bergström	Michel Pernet	Jennie Grape	Max Gustafsson	3, 50:21 (50:21)	9, 2:31:59 (1:41:39)	6, 4:12:42 (1:40:43)	7, 5:07:08 (54:27)	06:32:41 (1:25:34)	+58:28
7	4	Lag Syd	Anton Blom	Johan Björling	Hannah Gustafsson	Thomas Brantberger	Martin Strömberg	4, 53:54 (53:54)	6, 2:25:06 (1:31:13)	7, 4:15:27 (1:50:21)	5, 5:02:17 (46:50)	06:35:51 (1:33:34)	+1:01:38
8	14	Spring så det RÖker	Linda Gustavsson	Malin Laprasit	Anders Persson	Annica Westerholm	Tommie Eriksson	12, 1:02:57 (1:02:57)	8, 2:29:06 (1:26:10)	3, 4:07:24 (1:38:18)	6, 5:05:19 (57:56)	06:37:33 (1:32:15)	+1:03:20
9	16	Ununge IF	Janne Pettersson	Emma Fogelström	Elin Fogelström	Oskar Rydén	Linnea Östling	11, 59:42 (59:42)	10, 2:35:35 (1:35:53)	10, 4:44:38 (2:09:03)	10, 5:33:36 (48:59)	06:49:02 (1:15:26)	+1:14:49
10	10	Easier said than run	Håkan Segerstedt	Peter Sjödin Turah	Eleonor Sjödin Turah	Helen Segerstedt	Leon Sjödin	8, 57:34 (57:34)	4, 2:22:49 (1:25:15)	9, 4:31:31 (2:08:42)	9, 5:26:18 (54:47)	06:54:34 (1:28:17)	+1:20:21
11	8	Brölunda Elit	Micael Bergström	Sandra Bergström	Pontus Karlsson	Emma Bergström	Håkan Bergström	7, 56:09 (56:09)	11, 2:57:55 (2:01:47)	11, 5:11:01 (2:13:06)	11, 6:04:10 (53:09)	07:31:19 (1:27:10)	+1:57:06
12	13	Nyby AllStars	Sean Holmes	Jacob Bjelfvenstam	Walter Bjelfvenstam	Martin Samuelsson	Håkan Färje	10, 59:40 (59:40)	12, 3:48:27 (2:48:47)	12, 5:59:13 (2:10:47)	12, 6:48:06 (48:54)	08:38:10 (1:50:04)	+3:03:57

