

## Sololöpare Kvinnor

70km

2019-06-15

Placering	Startnr	Namn	Varvtid	Klubb	Resultat	Sluttid	Difftid
1	114	Johanna Gelfgren	49:55 1:23:58 2:02:20 58:47 1:41:42	Täby	49:55 (1) 2:13:53 (1) 4:16:13 (1) 5:15:00 (1) 6:56:42 (1)	6:56:42	0:00
2	115	Helene Pratt	54:47 1:35:48 2:20:40 1:15:45 1:45:46	Happy Runners	54:47 (2) 2:30:35 (2) 4:51:15 (3) 6:07:00 (6) 7:52:46 (2)	7:52:46	56:04
3	101	Karin Frimodt	1:01:04 1:43:11 2:19:25 1:16:20 2:06:27	IF Linnéa	1:01:04 (4) 2:44:15 (3) 5:03:40 (2) 6:20:00 (7) 8:26:27 (9)	8:26:27	1:29:45
4	113	Jennie Sandberg	1:00:52 1:44:05 2:26:23 1:16:40 2:00:20	Lk Roslagen	1:00:52 (3) 2:44:57 (5) 5:11:20 (4) 6:28:00 (8) 8:28:20 (5)	8:28:20	1:31:38
5	116	Ann-Sofie Åhman	1:02:53 1:48:32 2:30:35 1:12:00 2:08:37	Norrtälje	1:02:53 (6) 2:51:25 (6) 5:22:00 (5) 6:34:00 (3) 8:42:37 (12)	8:42:37	1:45:55
6	105	Jessica Ström	1:08:50 1:52:40 2:37:40 1:09:50 1:54:47	Grödinge	1:08:50 (12) 3:01:30 (8) 5:39:10 (7) 6:49:00 (2) 8:43:47 (3)	8:43:47	1:47:05
7	108	Katarina Hildindsdotter	1:04:23 1:48:35 2:38:02 1:12:00 2:00:53	Team Nordic Trail	1:04:23 (8) 2:52:58 (7) 5:31:00 (8) 6:43:00 (3) 8:43:53 (6)	8:43:53	1:47:11
8	117	Kika Diestre	1:02:20 1:43:55 2:37:15 1:42:30 1:59:16	AF Roslagen	1:02:20 (5) 2:46:15 (4) 5:23:30 (6) 7:06:00 (15) 9:05:16 (4)	9:05:16	2:08:34
9	103	Nina Lovén	1:09:05 2:09:00 2:46:40 1:15:15 2:02:35	Väsby ss triathlon	1:09:05 (13) 3:18:05 (11) 6:04:45 (9) 7:20:00 (5) 9:22:35 (7)	9:22:35	2:25:53
10	111	Frida Bergström		Stockholm		9:24:14	2:27:32

tidtagning

Häverödals Skidskyttar

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70km

2019-06-15

Placering	Startnr	Namn	Varvtid	Klubb	Resultat	Sluttid	Difftid
			1:08:07		1:08:07 (9)		
			2:00:13		3:08:20 (9)		
			2:50:20		5:58:40 (11)		
			1:17:20		7:16:00 (9)		
			2:08:14		9:24:14 (10)		
	<b>118</b>	<b>Annelie Ståhl</b>		<b>Running4serenity</b>		<b>9:24:14</b>	<b>2:27:32</b>
			1:08:07		1:08:07 (9)		
			2:00:13		3:08:20 (9)		
			2:50:15		5:58:35 (10)		
			1:17:25		7:16:00 (10)		
			2:08:14		9:24:14 (10)		
<b>12</b>	<b>121</b>	<b>Josefine Sjöström</b>		<b>Stockholm City Triathlon Klu</b>		<b>10:11:34</b>	<b>3:14:52</b>
			1:04:16		1:04:16 (7)		
			2:15:04		3:19:20 (15)		
			3:08:30		6:27:50 (13)		
			1:29:10		7:57:00 (12)		
			2:14:34		10:11:34 (15)		
<b>13</b>	<b>124</b>	<b>Kristin Sjöberg</b>		<b>Klublös</b>		<b>10:15:45</b>	<b>3:19:03</b>
			1:23:05		1:23:05 (16)		
			2:17:25		3:40:30 (16)		
			2:55:30		6:36:00 (12)		
			3:39:45		10:15:45 (17)		
<b>14</b>	<b>102</b>	<b>Liselott Holmberg</b>		<b>Sthlm långdistansklubb -20m</b>		<b>10:21:52</b>	<b>3:25:10</b>
			1:13:36		1:13:36 (15)		
			2:12:34		3:26:10 (13)		
			3:17:40		6:43:50 (15)		
			1:29:10		8:13:00 (12)		
			2:08:52		10:21:52 (13)		
<b>15</b>	<b>109</b>	<b>Elin Åhsberg</b>		<b>Skövde</b>		<b>10:30:00</b>	<b>3:33:18</b>
			1:08:07		1:08:07 (9)		
			2:12:52		3:20:59 (14)		
			3:13:51		6:34:50 (14)		
			1:28:10		8:03:00 (11)		
			2:27:00		10:30:00 (16)		
<b>16</b>	<b>112</b>	<b>Jenny Thörnberg</b>		<b>N Stockholm Endurance -30m</b>		<b>10:32:44</b>	<b>3:36:02</b>
			1:09:05		1:09:05 (13)		
			2:09:00		3:18:05 (11)		
			3:27:25		6:45:30 (16)		
			1:35:30		8:21:00 (14)		
			2:11:44		10:32:44 (14)		
<b>17</b>	<b>110</b>	<b>Linnea Larsson Holm</b>		<b>Lonesome runners -30min</b>		<b>11:32:44</b>	<b>4:36:02</b>
			1:23:05		1:23:05 (16)		
			2:29:53		3:52:58 (17)		
			3:53:07		7:46:05 (17)		
			1:42:55		9:29:00 (16)		
			2:03:44		11:32:44 (8)		